

Mental Health Local Resources: Doña Ana County

Website Resource Directory

NM Social Service Resource Directory:

<http://www.nmresourcedirectory.org/>



Key: ■ Known to be bilingual

Crisis Assist Hotlines and Website Directory

Alcohol Abuse & Drug Abuse Treatment Center 24 hour helpline

(575) 386-4009

Crisis Assistance Listening Line

(575) 646-2255 or
(866) 314-6841

Disaster Distress Hotline (DDH)

National hotline dedicated to providing disaster crisis counseling.
(800) 985-5990 or text 66746

Kid Talk

418 W. Griggs Ave.
Las Cruces, NM
(575) 636-3636

Las Cruces Cares Warm Line

125 S. Main Street
Las Cruces, NM 88001
7 days per week, 5pm to 9pm
(575) 527-9114
(575) 527-9030
(575) 527-7926

■ La Casa

1-800-376-2272

■ Mobile Crisis Services-La Frontera

100 W. Griggs Ave.
Las Cruces, NM 88001
(575) 647-2800

In an EMERGENCY

Dial 911- ask for Mobile Crisis svcs.

Narcotics Anonymous

(575) 523-3177

National Alliance on Mental Illness of Dona Ana County (NAMI-DAC)

National Information Helpline (800) 950-6264
P.O. Box 2556
Las Cruces, NM 88004
(575) 386-6890
NM Crisis Hotline
(855) 662-7474
Website: <http://www.nami.org>

National Suicide Prevention Lifeline

(800) 273-8255

****Insurance information listed is subject to change- Please speak with providers directly for details****

Mental Health Providers

Provider	Contact Information	Primary Specialty	Accepted Insurance
Adelante Counseling Services	Las Cruces- 2990 N. Main Ste 3A (Phone) 524-1125 (Email) spollock08@comcast.net	Individual & Family General Counseling , Education provider, traumatic loss & grief Referrals Ages 4-Adult	Private Insurance and Self-pay
■ Amistad Family Services	Las Cruces- 2000 Lohman Ave. (Phone) 523-2288	Behavioral health counseling All age groups	Most Insurance plans, Medicaid & Medicare Self-Pay

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Behavioral & Family Therapy	Las Cruces -1990 E. Lohman Ave. (Phone) 993-5720 http://bfts.net	Psychological services; Behavioral Therapy, Psychotropic Medication Management, Therapy & Referral services. All age groups	Most Insurance plans, Medicaid & Medicare Self-Pay
■ Ben Archer Health Center	Las Cruces - 1600 Thorpe Rd. (Phone) 382-9292 Hatch - 255 Highway 187 (Phone) 267-3088 Radium Springs -12080 LB Linbeck (Phone) 526-6200 http://www.bahcnm.org	Mental Health & Substance abuse counseling All age groups	Medicare, Medicaid, Sliding scale, Most commercial plans, Self-pay
Desert Sky Counseling Services	Las Cruces -205 W. Boutz Bldg. 8 Ste 1. (Phone) 521-4555	Individual, family, marriage & child counseling. All age groups	Most insurance plans accepted, Medicare and Medicaid, Self-Pay
■ Epoch Behavioral Healthcare	Las Cruces - S. Water St. (Phone) 525-8484 http://myebhc.com/ebhchome.html	Behavioral counseling and prevention; Substance abuse, ADD, Abuse treatment, Evaluations, Suboxone services, Psychological Testing, Psychotherapy All age groups & Military Families	Medicare, NM Medicaid, BCBS, BCBS Federal, Tricare/Triwest, United Healthcare, Aetna, GEHA, Molina, Lovlace, Optum Health, Presbyterian, Value Options, and others.
■ Esperanza Guidance Services	Las Cruces -2805 Las Vegas Ct, Ste. B (Phone) 522-5144 Anthony - 880 Anthony Drive Ste. 3E 88021.	Mental/behavioral counseling, substance abuse, depression and treatment and therapy Ages 18-Adult	Most Insurances plans, Medicaid, Self-pay, Sliding Scale, ATR network.
■ Exclusive Psychiatric Care	Las Cruces -1161 Mall Dr. (Phone)522-2330 http://exclusivepsychiatriccare.com	Psychiatric care, medication management and therapy	Most major insurances, Medicaid, Medicare & Self-Pay
Forensic Intervention Consortium of Doña Ana County (FIC-DAC)	Las Cruces- P.O. Box 16446 (Phone) 523-8015 (Email) jaildiversion99@yahoo.com	Jail Diversion	Non-Profit Organization
Hernandez, Gabriel MD	Las Cruces -1501 S. Don Roser Ste. A (Phone) 521-3388	General Psychiatric counseling Ages 18- Adult	Most insurance plans, Medicare, Self-Pay. <i>Medicaid <u>not</u> accepted.</i>

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Kaufman, Noah K. PhD	Las Cruces -1188 W. Hadley (Phone) 526-9090	Neuro-Psychological Evaluations Ages 5-Adults	Most Insurance plans, Medicaid & Medicare, Self-Pay, United Health Care not accepted
■ La Clinica de Familia	Anthony- 855 Anthony Dr. (Phone) 882-5706 East Mesa- 8600 Bataan Memorial East (Phone) 373-9202 Las Cruces- 385 Calle de Alegria, Bld. C (Phone) 521-7181 San Miguel Medical- 18420 S. Hwy 28 (Phone) 233-3830	General behavioral/mental health counseling All age groups	Medicare, Medicaid, Sliding scale, commercial pans, self-pay, Patient Assistance Program, Some services free for migrant workers
■ La Frontera <i>(formally known as Southwest Counseling)</i>	Las Cruces- 100 Griggs Ave. (Phone) 647-2800 https://www.lafronteranm.org/	Mental health, substance use treatment, psychiatric rehabilitation, prevention, child and family problems All age groups	Most insurance plans Medicaid, Medicare, Self-Pay
■ La Paz Counseling & Consulting	Las Cruces- 6469 Wagons East Trail (Phone) 993-9048 http://lapazcounseling.net/	Mental health and substance abuse counseling for individuals, couples and families to include developmentally disabled. Ages 8-adults	Most insurance plans, Medicaid, Medicare <i>Cigna <u>not</u> accepted</i>
Las Cruces Behavioral Medicine	Las Cruces- 1505 S. Don Roser #A (Phone) 521-3388	Psychiatric Clinic, mental health counseling. All age groups	Most insurance plans, Medicaid, Self-pay.
Las Cruces Counseling Services	Las Cruces- 1155 S. Telshor Blvd. Ste. 200 (Phone) 522-8002	General mental and Behavioral counseling, substance abuse therapy. All age groups	Most insurance plans Medicaid, Self-pay, Sliding Scale <i>Medicare <u>not</u> accepted</i>
McPherson, Kristy PhD	Las Cruces- 3003 Hillrise Dr. Ste. B-4 (Phone) 642-7200	General mental health counseling, LGBT counseling. Ages 18-Adult	Most insurance plans, Medicaid, self-pay <i>Medicare <u>not</u> accepted</i>
■ Memorial Medical Center (MMC)	Las Cruces- 2450 S. Telshore (Phone) 522-8641	Behavioral medicine and psychiatry All age groups	Most insurance plans, Medicare, Medicaid, Sliding scale, self-pay.

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Family Medicine Clinic			
■ Mesilla Valley Hospital	Las Cruces - 3751 Del Rey Blvd. (Phone) 877-3500 http://mesillavalleyhospital.com/about-the-facility/	In and out patient care: Adolescent psychiatric issues, Adult Psychiatric Unit, Male Residential Treatment Center, Rehab & Recovery, Senior Services All age groups	Most insurance plans, Medicare, Medicaid, Self-pay.
Middendorf, Bill MALPCC	Las Cruces -1990 E. Lohman Ave. (Phone) 524-6859	Mental/Behavioral Counseling; depression, alcohol & substance abuse Ages 18-Adults	Some insurance plans, Medicare, Medicaid, Self-pay. <i>Medicare, Signa, Presbyterian <u>not</u> accepted</i>
NMSU Counseling Center	Las Cruces -NMSU Campus (Phone) 646-2731	Mental/Behavioral counseling Ages 18-Adults	Most insurance plans, Medicare, Medicaid, Self-pay.
■ Nava Counseling Services	Las Cruces -715 E. Idaho, Ste. 4B (Phone) 266-3976 http://navacounseling.com/	Behavioral counseling, gender specific services, drug testing, domestic violence treatment, therapy All age groups	Most insurance plans, Medicare, Medicaid, Self-pay.
Patterson & Associates Family Mental Health	Las Cruces -1750 E. Lohman Ave. (Phone) 526-6616	General Mental Health counseling. All age groups	Most insurance plans, Medicare, Medicaid, Self-pay.
■ PEAK Hospital of Santa Teresa	Santa Teresa - 5065 McNutt Rd. (Phone) 589-0033 http://www.peakbehavioral.com/	Psychiatric Inpatient Acute Care hospital; Inpatient substance abuse services, residential treatment services Ages 18- Adults	Most insurance plans, Medicare, Medicaid, Self-pay.
■ Rio Grande Behavioral Health Care	Las Cruces -1720 S. Telshore Blvd. (Phone) 532-2500	General behavioral and mental health counseling. All age groups	Most insurance plans, Medicare, Medicaid, Self-pay.
■ Rodarte, Lionel G. MD	Las Cruces -3885 Foothills Ste. B (Phone) 522-5111	Psychiatric services All age groups	Some insurance plans, Medicare, Medicaid, Self-pay.
Sagal, Karen PhD.	Las Cruces – 1990 E. Lohman Ste. 220 (Phone) 524-6801	General mental & behavioral counseling; depression/anxiety, grief & loss	Some insurance plans, Medicare, Medicaid, Self-pay.

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Ages 18-Adults

<p>■ Southern New Mexico Human Development</p>	<p>Anthony-820 Highway 478 (Phone) 882-5101 http://www.snmhd.org/Services.htm</p>	<p>Individual, group & family therapy, Crisis intervention, Testing & Evaluations, Emergency Services, home-based counseling</p>	<p>Most insurance plans, Medicare, Medicaid, Self-pay.</p>
<p>■ Southwest Family Guidance Center</p>	<p>Las Cruces -1100 S. Solano Dr. (Phone) 524-6820 http://www.swfamily.com/contact/locations-2/</p>	<p>All age groups Play.sandtray therapy, family therapy, child/adolescent therapy, Cognitive Behavioral therapy, Dialectical behavioral therapy, Multi-Systemic therapy. Specialize in child/adolescent age groups</p>	<p>Most Insurance plans, Medicaid, Medicare, Self-Pay</p>
<p>Tafoya & Associates Behavioral Health</p>	<p>Las Cruces- East Idaho Ste. 2-E (Phone) 556-9585 http://tafoyacounseling.com/</p>	<p>Mental/Behavioral Counseling, Domestic Violence, Juvenile Justice, Sexual Abuse, Ages 3-Adult</p>	<p>Most insurance plans, Medicaid, Medicare, Self-Pay.</p>
<p>Marjean Spayer PHD., P.C</p>	<p>Las Cruces-3003 Hillrise Dr. #B (Phone) 521-4800</p>	<p>Psychological services and Therapy Ages 6-Adults</p>	<p>Most insurance plans, Medicaid, Medicare, Self-Pay.</p>
<p>Strength Based Psychological Services LLC</p>	<p>Las Cruces – 2800 Nieve Ln. (Phone) 640-4000</p>	<p>Psychological and general mental health counseling, and therapy services All age groups</p>	<p>Most insurance plans, Medicaid, Self-Pay.</p>
<p>Mark Whitehead, PhD</p>	<p>Las Cruces-642 S. Alameda Blvd. (Phone) 526-1942</p>	<p>Psychologist – evaluation, prevention, diagnosis & treatment of behavioral health issues Ages 18-Adult</p>	<p>Most insurance plans, Medicaid, Self-Pay.</p>

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Protective Agencies		
<i>Provider</i>	<i>Contact Information</i>	<i>Primary Specialty</i>
■ Adult Protective Services	Las Cruces- 760 Motel Blvd. (Phone) 373-6400 (Report Abuse) 866-654-3219 http://www.nmaging.state.nm.us/Adult_ProtectiveServices.aspx	System of services for those unable to protect themselves from abuse, neglect or exploitation. Ages 18-Adult
■ Children, Youth and Families Department (CYFD)	Las Cruces- 760 N. Motel Blvd. (Phone) 373-6600 (or) 373-6400 http://cyfd.org/	Early intervention and protection of children in circumstances of abuse and neglect. Advocates for the safety and well-being of children. Ages 0-18
■ Domestic Violence Shelter	Las Cruces- 800 S. Walnut St. (Phone) 526-9513	Shelter provided for persons who experience physical, emotional, sexual abuse. Ages 18-Adult
■ La Casa	Las Cruces- P.O. Box 2463 (Phone) 526-2819 http://lacasainc.org/	Safe housing, counseling & support services; advocacy program for victims of domestic violence; Children’s program provides counseling; Men’s program-counseling. All age groups
■ La Pinon	Las Cruces- 525 S. Melendres St. (Phone) 526-3437 http://lapinon.org/	Crisis intervention, assistance & advocacy through the legal process; Outpatient therapeutic counseling for sexual assault survivors and their family

Veterans Services		
<i>Provider</i>	<i>Contact Information</i>	<i>Primary Specialty</i>
Las Cruces Veterans Center	Las Cruces- 230 S. Water St. (Phone) 523-9826 http://www.va.gov/directory/guide/facility.asp?ID=5635	Assistance with health services and benefits. Provides appropriate referrals
New Mexico Department of Veterans Services	Las Cruces- 2024 E. Griggs (Phone) 524-6220 http://www.dvs.state.nm.us/	Information and resources to help ensure personnel and their families receive their entitlements and services
VA Las Cruces Clinic	Las Cruces- 1635 S. Don Roser Dr. (Phone) 522-1241	Primary Care/Behavioral Health and Referrals