



# Mental Health Local Resources

## Crisis Assistance Hotlines and Website Directory

### Crisis Assistance Listening Line

(575) 646-2255 or  
(866) 314-6841

### Disaster Distress Hotline (DDH)

National hotline dedicated to providing disaster crisis counseling.  
(800) 985-5990 or text 66746

### Las Cruces Cares Warm Line

125 S. Main Street  
Las Cruces, NM 88001  
*7 days per week, 5pm to 9pm*  
(575) 527-9114  
(575) 527-9030  
(575) 527-7926

### La Casa- Domestic Violence

(800) 376-2272

### La Piñón/Kid Talk

418 W. Griggs Ave.  
Las Cruces, NM  
(575) 636-3636

### Mobile Crisis Services

**-La Clinica de Familia**  
100 W. Griggs Ave.  
Las Cruces, NM 88001  
(575) 647-2800

### National Alliance on Mental Illness of Dona Ana County (NAMI-DAC)

National Information Helpline  
(800) 950-6264  
P.O. Box 2556  
Las Cruces, NM 88004  
(575) 386-6890  
[www.nami.org](http://www.nami.org)

### National Suicide Prevention Lifeline

(800) 273-8255

### New Mexico Crisis and Access Line

1-855-NMCRISIS (1-855-662-7474)  
[www.nmcrisisline.com](http://www.nmcrisisline.com)

### New Mexico Social Service Resource

[www.nmresourcedirectory.org](http://www.nmresourcedirectory.org)

### Southern New Mexico Human Development (SNMHD)

(575) 882-5101 or (575) 589-1147  
(Discontinued Medicaid Services)

## Local Providers

Provider	Contact Information	Primary Specialty	Accepted Insurance
Amistad Family Services	Las Cruces- 2000 Lohman Ave. (575) 523-2288	Behavioral health counseling All ages	Most Insurance plans, Medicaid & Medicare, Self-pay
Behavioral & Family Therapy	Las Cruces- 1990 E. Lohman Ave. (575) 993-5720, (575) 201-3395 <a href="http://www.bfts.net">www.bfts.net</a>	Psychological, Behavioral Therapy, Psychotropic Medication Management, Therapy & Referral services All ages	Most Insurance plans, Medicaid & Medicare, Self-pay
Ben Archer Health Center	Doña Ana- 1600 Thorpe Rd. (575) 382-9292 Hatch- 255 Highway 187 (575) 267-3088 Las Cruces- 1998 Motel Blvd. (575) 541-5941 Radium Springs-12080 LB Linbeck (575) 526-6200 <a href="http://www.bahcnm.org">www.bahcnm.org</a>	Mental Health & Substance abuse counseling All ages	Most Insurance plans, Medicaid & Medicare, Sliding scale, Self-pay
Desert Sky Counseling Services	Las Cruces- 205 W Boutz Bldg 8, Ste 1 (575) 521-4555	Individual, family, marriage & child counseling All ages	Most Insurance plans, Medicaid & Medicare, Self-pay



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Epoch Behavioral Healthcare	Las Cruces- 118 S. Water St. (575) 525-8484 <a href="http://www.myebhc.com">www.myebhc.com</a>	Behavioral counseling and prevention; Substance abuse, ADD, Abuse treatment, Evaluations, Suboxone services, Psychological Testing, Psychotherapy All ages & Military Families	Medicare, Medicaid, BCBS, BCBS Federal, Tricare/Triwest, United Healthcare, Aetna, GEHA, Molina, Lovelace, Optum Health, Presbyterian, Value Options, and others
Esperanza Guidance Services	Las Cruces-2805 Las Vegas Ct, Ste. B (575) 522-5144 Anthony- 880 Anthony Drive Ste. 3E	Mental/behavioral counseling, substance abuse, depression and treatment and therapy Ages 18-Adult	Most Insurances plans, Medicaid, Self-pay, Sliding Scale, ATR network
Exclusive Psychiatric Care	Las Cruces- 1161 Mall Dr. (575) 522-2330 <a href="http://www.exclusivepsychiatriccare.com">www.exclusivepsychiatriccare.com</a>	Psychiatric care, medication management and therapy	Most Insurance plans, Medicaid & Medicare, Self-pay
Families & Youth Inc.	1320 S Solano Drive Las Cruces NM 88001 <a href="http://www.fyinnm.org">www.fyinnm.org</a>	Behavioral therapy and family therapy for adolescents and their families.	Most Insurance plans, Medicaid & Self-pay
Forensic Intervention Consortium of Doña Ana County (FIC-DAC)	Las Cruces- P.O. Box 16446 (575) 523-8015 <a href="mailto:jaildiversion99@yahoo.com">jaildiversion99@yahoo.com</a>	Jail Diversion	Non-Profit Organization
Hernandez, Gabriel MD	Las Cruces- 1501 S. Don Roser Ste. A (575) 521-3388	General Psychiatric counseling Ages 18- Adult	Most insurance plans & Self-pay <i>Medicaid not accepted.</i>
Kaufman, Noah K. PhD	Las Cruces- 1188 W. Hadley (575) 526-9090	Neuro-Psychological Evaluations Ages 5-Adults	Most Insurance plans, Medicaid & Medicare, Self-pay <i>United Health Care not accepted</i>
La Clinica de Familia	Anthony- 855 Anthony Dr. (575) 882-5706 Chaparral- 510 E. Lisa (575) 824-0820 East Mesa- 8600 Bataan Memorial (575) 373-9202 Las Cruces- 385 Calle de Alegra Bldg C (575) 521-7181 San Miguel- 18420 S. Hwy 28 (575) 233-3830	General behavioral/mental health counseling All ages	Medicare, Medicaid, Sliding scale, commercial plans, self-pay, Patient Assistance Program, Some services free for migrant workers



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La Clinica de Familia <i>(formally known as La Frontera)</i>	Las Cruces- 100 Griggs Ave. (575) 647-2800	Mental health, substance use treatment, psychiatric rehabilitation, prevention, child and family problems All ages	Most Insurance plans, Medicaid & Medicare, Self-pay
La Paz Counseling & Consulting	Las Cruces- 6469 Wagons East Trail (575) 993-9048 <a href="http://www.lapazcounseling.net">www.lapazcounseling.net</a>	Mental health and substance abuse counseling for individuals, couples and families to include developmentally disabled. Ages 8-adults	Most Insurance plans, Medicaid & Medicare, Self-pay <i>Cigna <u>not</u> accepted</i>
Las Cruces Behavioral Medicine	Las Cruces-1505 S. Don Roser #A (575) 521-3388	Psychiatric Clinic, mental health counseling. All age groups	Most Insurance plans, Medicaid & Medicare, Self-pay
Las Cruces Counseling Services	Las Cruces-1155 Telshor Blvd Ste. 200 (575) 522-8002	General mental and Behavioral counseling, substance abuse therapy All ages	Most insurance plans, Self-pay, Sliding Scale <i>Medicaid <u>not</u> accepted</i>
McPherson, Kristy PhD	Las Cruces-3003 Hillrise Dr. Ste. B-4 (575) 642-7200	General mental health counseling, LGBT counseling. Ages 18-Adult	Most insurance plans & self-pay <i>Medicare <u>not</u> accepted</i>
Memorial Medical Center (MMC) Family Medicine Clinic	Las Cruces- 2450 S. Telshor (575) 522-8641	Behavioral medicine and psychiatry All ages	Most Insurance plans, Medicaid & Medicare, Self-pay, Sliding scale
Mesilla Valley Hospice	Las Cruces- 299 Montana Ave. (575) 525-5711	Adult Suicide Survivor Support Group	Free
Mesilla Valley Hospital	Las Cruces- 3751 Del Rey Blvd (575) 877-3500 <a href="http://www.mesillavalleyhospital.com">www.mesillavalleyhospital.com</a>	In and out patient care: Adolescent psychiatric issues, Adult Psychiatric Unit, Male Residential Treatment Center, Rehab & Recovery, Senior Services All ages	Most Insurance plans, Medicaid & Medicare, Self-pay
Middendorf, Bill MALPCC	Las Cruces- 1990 E. Lohman Ave. (575) 524-6859	Mental/Behavioral Counseling; depression, alcohol & substance abuse Ages 18-Adults	Some insurance plans & Self-pay <i>Medicare, Signa, Presbyterian <u>not</u> accepted</i>
My Healing Space, LLC	Las Cruces- 741 N. Alameda #2 (575) 520-0545 and (575) 644-6711	Mental/Behavioral counseling Ages 18-Adults	Most Insurance plans, Medicaid & Medicare, Self-pay
NMSU Counseling Center	Las Cruces- NMSU Campus (575) 646-2731	Mental/Behavioral counseling Ages 18-Adults	Most Insurance plans, Medicaid & Medicare, Self-pay



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Patterson & Associates Family Mental Health	Las Cruces- 1750 E. Lohman Ave. (575) 526-6616	General Mental Health counseling All ages	Most Insurance plans, Medicaid & Medicare, Self-pay
PEAK Hospital of Santa Teresa	Santa Teresa- 5065 McNutt Rd. (575) 589-0033 <a href="http://www.peakbehavioral.com">www.peakbehavioral.com</a>	Psychiatric Inpatient Acute Care hospital; Inpatient substance abuse services, residential treatment services Ages 18- Adults	Most Insurance plans, Medicaid & Medicare, Self-pay
Rio Grande Behavioral Health Care	Las Cruces- 1720 S. Telshor Blvd. (575) 532-2500	General mental health counseling All ages	Most Insurance plans, Medicaid & Medicare, Self-pay
Rodarte, Lionel G. MD	Las Cruces- 3885 Foothills Ste. B (575) 522-5111	Psychiatric services All ages	Some Insurance plans, Medicaid & Medicare, Self-pay
Sagal, Karen PhD	Las Cruces- 1990 E. Lohman Ste. 220 (575) 524-6801	General mental & behavioral counseling; depression/anxiety, grief & loss Ages 18-Adults	Some Insurance plans, Medicaid & Medicare, Self-pay
St. Luke's Health Care Clinic, Inc.	Las Cruces- 999 W Amador Ave. Ste D (575) 527-5482	General mental health counseling All ages	Some Insurance plans, Medicaid & Medicare, Self-pay
Southern New Mexico Human Development	Anthony- 820 Highway 478 (575) 882-5101 <a href="http://www.snmhd.org">www.snmhd.org</a>	Individual, group & family therapy, Crisis intervention, Testing & Evaluations, Emergency Services, home-based counseling All ages	Most Insurance plans, Medicaid & Medicare, Self-pay
Southwest Family Guidance Center	Las Cruces- 1100 S. Solano Dr. (575) 524-6820 <a href="http://www.swfamily.com">www.swfamily.com</a>	Play sandtray therapy, family therapy, child/adolescent therapy, Cognitive Behavioral therapy, Dialectical behavioral therapy, Multi-Systemic therapy. Specialize in child/ adolescent age groups	Most Insurance plans, Medicaid & Medicare, Self-pay
Spayer, Marjean PhD., P.C	Las Cruces- 3003 Hillrise Dr. #B (575) 521-4800	Psychological services and Therapy Ages 6-Adults	Most Insurance plans, Medicaid & Medicare, Self-pay
Tafoya & Associates Behavioral Health	Las Cruces- East Idaho Ste. 2-E (575) 556-9585 <a href="http://www.tafoyacounseling.com">www.tafoyacounseling.com</a>	Mental/Behavioral Counseling, Domestic Violence, Juvenile Justice, Sexual Abuse, Ages 3-Adult	Most Insurance plans, Medicaid & Medicare, Self-pay



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VIIBE Wellness Center, LLC	Las Cruces- 2906 Hillrise Drive 575-652-3646	Mental/Behavioral counseling Ages 18-Adults	Most Insurance plans, Medicaid & Medicare, Self-pay
Whitehead, Mark PhD	Las Cruces- 642 S. Alameda Blvd. (575) 526-1942	Psychologist – evaluation, prevention, diagnosis & treatment of behavioral health issues Ages 18-Adult	Most Insurance plans, Medicaid & Medicare, Self-pay

## Protective Agencies

Provider	Contact Information	Primary Specialty
Adult Protective Services	Las Cruces- 760 Motel Blvd. (575) 373-6400 (Report Abuse) 866-654-3219 <a href="http://www.nmaging.state.nm.us">www.nmaging.state.nm.us</a>	System of services for those unable to protect themselves from abuse, neglect or exploitation. Ages 18-Adult
Children, Youth and Families Department (CYFD)	Las Cruces-760 N. Motel Blvd. (575) 373-6600 (or) 373-6400 <a href="http://www.cyfd.org">www.cyfd.org</a>	Early intervention and protection of children in circumstances of abuse and neglect. Advocates for the safety and well-being of children Ages 0-18
Domestic Violence Shelter	Las Cruces- 800 S. Walnut St. (575) 526-9513	Shelter provided for persons who experience physical, emotional, sexual abuse. Ages 18-Adult
La Casa	Las Cruces- P.O. Box 2463 (575) 526-2819 <a href="http://www.lacasainc.org">www.lacasainc.org</a>	Safe housing, counseling & support services; advocacy program for victims of domestic violence; Children's program provides counseling; Men's program-counseling All ages
La Piñon	Las Cruces- 525 S. Melendres St. (575) 526-3437 <a href="http://www.lapinon.org">www.lapinon.org</a>	Crisis intervention, assistance & advocacy through the legal process; Outpatient therapeutic counseling for sexual assault survivors and their family

## Veterans Services

Provider	Contact Information	Primary Specialty
Las Cruces Veterans Center	Las Cruces- 230 S. Water St. (575) 523-9826 <a href="http://www.va.gov">www.va.gov</a>	Assistance with health services and benefits. Provides appropriate referrals
New Mexico Department of Veterans Services	Las Cruces- 2024 E. Griggs (575) 524-6220 <a href="http://www.dvs.state.nm.us">www.dvs.state.nm.us</a>	Information and resources to help ensure personnel and their families receive their entitlements and services
Veterans Affairs Clinic	Las Cruces- 1635 S. Don Roser Dr. (575) 522-1241	Primary Care/Behavioral Health and Referrals